

Part 1: Knowing the Faith

These 10 episodes of *Symbolon — Part 1: Knowing the Faith* will take you through the Creed, or statement of beliefs that Catholics all around the world profess at Mass. Filmed on location in Rome, the Holy Land, Calcutta, and in the Augustine Institute studios in Denver, CO, *Symbolon* is not just about an intellectual understanding of Catholicism. It is about a journey of faith, discovery, and friendship with Christ that will make a lasting impression on our lives.

- 1. THE JOURNEY OF FAITH: TRINITY, FAITH & THE GOD WHO IS LOVE**
The Bible reveals the mystery of who God is: God is love. God created us out of love, died for us out of love and invites us on a journey of faith in which we live in his love.
- 2. DIVINE REVELATION: GOD SEEKING US & THE COMPASS FOR OUR LIVES**
Religion is often perceived as humanity's search for God, but Christianity is more about God's search for us. God "unveils" himself to us and reveals his plan for our lives.
- 3. THE BIBLE: GOD'S LOVE LETTER TO HUMANITY**
The 73 books of the Bible come together to tell one story: the story of God's saving plan. Through the inspired Scriptures, we encounter the God who speaks to us as a Father lovingly speaks to his children.
- 4. THE STORY OF SALVATION: CREATION, FALL & REDEMPTION**
Our modern world has lost its story. We don't know from where we came. We don't know why we're here. And we don't know where we're going. But God has a plan for each of our lives.
- 5. WHO IS JESUS? JUST A GOOD MAN OR LORD OF OUR LIVES**
Jesus is more than a good teacher or good example. He claimed to be God. And that claim challenges all of us to make an important choice--will we accept Jesus as Lord of our lives?
- 6. THE PASCHAL MYSTERY: THE MYSTERY OF JESUS' DEATH & RESURRECTION**
Through Jesus' death on the cross, God reveals himself most profoundly as the God who is love. Christ's sacrificial love saves us from sin and shows us the pathway to true human happiness. We are made to live like Christ, in total, self-giving love.
- 7. THE HOLY SPIRIT: AND THE LIFE OF GRACE**
One of the most profound aspects of the Catholic faith is that Christ sent his Spirit to dwell in the hearts of the baptized. Christ's Spirit within us conforms us ever more to Christ, so that we can say with St. Paul, "It is no longer I who live, but Christ who lives in me."
- 8. WHY DO I NEED THE CHURCH? THE MYSTERY OF THE CATHOLIC CHURCH**
Some people say, "I'm spiritual, but not religious" or "I like Jesus, but don't need a Church." Yet, one can't fully love the King and reject his Kingdom. Jesus didn't save us as isolated individuals. He calls us to enter the communion of the Church.

9. MARY & THE SAINTS: OUR SPIRITUAL MOTHER & THE COMMUNION OF THE SAINTS

Jesus gave his mother Mary to us as our spiritual mother, and she intercedes for us in heaven before her Son. By growing in relationship with Mary--and the rest of the saints--we grow in fellowship with Christ.

10. THE LAST THINGS: WHAT HAPPENS AFTER WE DIE?

Deep in the human heart is the question, "What happens after we die?" Jesus reveals the "Last Things"--death, judgement, heaven and hell--and what we need to do now to prepare for eternity.

Part 2: Living the Faith

In Part 1: *Knowing the Faith* we considered God's plan of salvation as summed up in the Creed, walking from Creation, the Fall, and Redemption to the Church, the Saints, and the Second Coming. In Part 2: *Living the Faith*, we will now see how Christ works through the sacraments and liturgy to apply the fruits of Christ's salvation and redemption to our lives. We will also explore how we are to live out the Christian life through a Catholic moral vision—how Christ desires for us to live fully human lives through grace, the virtues, and true freedom in Christ.

1. THE SACRAMENTS: BAPTISM & CONFIRMATION

Many of you may have heard the word sacrament. But what does it mean? It derives from the Latin word meaning "sacred" or "holy", and that's just what a sacrament is— a holy or sacred action.

2. THE EUCHARIST: SOURCE & SUMMIT OF CHRISTIAN LIFE

While the Eucharist has the outward appearance of bread and wine, it is the body and blood of Christ that we must consume to have eternal life. This is a central mystery of our faith: Jesus' Real Presence in the Eucharist, yesterday, today, and until the end of time.

3. WALK THROUGH THE MASS: EXPLORING THE SACRED LITURGY

Each Sunday Catholics gather together to celebrate the Mass, we enter sacred rites that date back to the time of the Apostles. We learn about God's revelation through Scripture, and then we partake in the Body and Blood, soul and divinity of the Lord in Holy Communion.

4. PENANCE & ANNOINTING OF THE SICK: GOD'S MERCY REVEALED

We are all sinners. But even though we sin, God so loves us that he gives us a way to confess our sins and be restored to a relationship with him through the Sacrament of Reconciliation.

5. MATRIMONY & HOLY ORDERS: THE SACRAMENTS OF SERVICE & COMMUNION

In Genesis God said that it was not good for man to be alone. That's why marriage was created—starting with Adam and Eve. This week we are going to look at the Sacrament of Matrimony and how the grace we receive through the sacrament enables us to live out that relationship as God intended.

6. A CATHOLIC MORAL VISION: VIRTUE, GRACE & THE PATH TO HAPPINESS
In this week's session, we learn that morality is simply following our Maker's plan for our lives and, in doing so, we become authentically whole and holy.

7. A LOVE THAT LASTS: DISCOVERING AUTHENTIC LOVE
God inscribed in the humanity of man and woman the vocation, and thus the capacity and responsibility, of love and communion. Love is therefore the fundamental and innate vocation of every human being.

8. A LOVE THAT LASTS: GOD'S PLAN FOR SEXUALITY
In this session, we will be exploring the gift of sex and how the Church's teachings reveal the truth and beauty of human sexuality as the greatest expression of marital love.

9. CATHOLIC SOCIAL TEACHING: BUILDING A CIVILIZATION OF LOVE
We will look at the Church's social teaching and how we can share this powerful guidance with the people we encounter in our daily lives.

10. CATHOLIC SOCIAL TEACHING: PROTECTING THE DIGNITY OF THE HUMAN PERSON
We are called to protect and promote the dignity of the human person in all places and circumstances, and to bring the Gospel of Jesus Christ to every facet of social life.